

A 21 Day Prayer & Fasting
Theme for each Day
(FOCUS FOR EACH DAY)

Monday

DAY 1. I WILL TRUST GOD'S WORD TO GIVE ME DIRECTION AND GUIDANCE

"When you walk, they will guide you; when you sleep, they will watch over you; when you awake, they will speak to you."

Proverbs 6:22 NIV

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Tuesday

DAY 2. I AM BELIEVING FOR GOOD THINGS TO HAPPEN TO ME AND MY FAMILY

“Blessed are those who fear the Lord, who find great delight in his commands. Their children will be mighty in the land; the generation of the upright will be blessed. Wealth and riches are in their houses, and their righteousness endures forever.”

Psalm 112:1-3 NIV

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Wednesday

DAY 3. I WILL WALK IN GOD'S PROMISES

“Through these he has given us his very great and precious promises, so that through them you may participate in the divine nature, having escaped the corruption in the world caused by evil desires.”

2 Peter 1:4 NIV

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Thursday

DAY 4. I WILL HELP BUILD MY CHURCH, SO HELP ME LORD

*“Then we will no longer be infants, tossed back and forth by the waves, and blown here and there by every wind of teaching and by the cunning and craftiness of people in their deceitful scheming. Instead, speaking the truth in love, we will grow to become in every respect the mature body of him who is the head, that is, Christ. **From him the whole body, joined and held together by every supporting ligament, grows and builds itself up in love, as each part does its work.”***

Ephesians 4:14-16 NIV

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Friday

DAY 5. I WILL BELIEVE GOD FOR INCREASE

“May the Lord cause you to flourish, both you and your children. May you be blessed by the Lord, the Maker of heaven and earth. The highest heavens belong to the Lord, but the earth he has given to mankind.”

Psalm 115:14-16 NIV

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Saturday

DAY 6. GOD IS MEETING ALL OF MY NEEDS

“The lions may grow weak and hungry, but those who seek the Lord lack no good thing.”

Psalms 34:10 NIV

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Sunday

DAY 7. I WILL PERSEVERE UNTIL I SEE TOTAL VICTORY – I WILL SETTLE FOR NOTHING LESS

“no weapon forged against you will prevail, and you will refute every tongue that accuses you. This is the heritage of the servants of the Lord, and this is their vindication from me,” declares the Lord.”

Isaiah 54:17 NIV

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DAY 8. I WILL BELIEVE GOD FOR GREATER STRENGTH

*“Nehemiah said, “Go and enjoy choice food and sweet drinks, and send some to those who have nothing prepared. This day is holy to our Lord. Do not grieve, for **the joy of the Lord is your strength.**”*

Nehemiah 8:10 NIV

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DAY 9. I WILL WALK IN THE LOVE OF GOD AND EXPRESS GOD'S LOVE TO OTHERS

"Do not love the world or anything in the world. If anyone loves the world, love for the Father is not in them."

1 John 2:15 NIV

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Wednesday

**DAY 10. I WILL SEEK GOD'S WILL UNTIL I KNOW IT AND THEN DECLARE
GOD'S WILL IN EVERY SITUATION OF MY LIFE**

*"And he who searches our hearts knows the mind of the Spirit, because
the Spirit intercedes for God's people in accordance with the will of God."
Romans 8:27 NIV*

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Thursday

DAY 11. I WILL SEEK TO LIVE BY GOD'S PRINCIPLES FOR DIVINE HEALTH

"Heal me, Lord, and I will be healed; save me and I will be saved, for you are the one I praise."

Jeremiah 17:14 NIV

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DAY 12. I WILL MAKE KNOWING GOD'S WILL THE HIGHEST PRIORITY OF MY LIFE

“Not everyone who says to me, ‘Lord, Lord,’ will enter the kingdom of heaven, but only the one who does the will of my Father who is in heaven.”

Matthew 7:21 NIV

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Saturday

DAY 13. I BELIEVE GOD IS BREAKING ALL GENERATIONAL CURSES IN MY LIFE AND THE LIVES OF MY FAMILY MEMBERS

“Therefore, I urge you, brothers and sisters, in view of God’s mercy, to offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship. Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God’s will is—his good, pleasing and perfect will.”

Romans 12:1-2 NIV

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Sunday

**DAY 14. I WILL TRUST THE HOLY SPIRIT TO GIVE ME UNDERSTANDING
OF A RENEWED MIND**

“Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God’s will is—his good, pleasing and perfect will.”

Romans 12:2 NIV

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DAY 15. I WILL TRUST GOD FOR THE SALVATION OF ALL MY LOVE ONES

“who wants all people to be saved and to come to a knowledge of the truth.”

1 Timothy 2:4 NIV

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Tuesday

DAY 16. I WILL PRAY FOR REFUGEES AROUND THE WORLD

*“Then the righteous will answer him, ‘Lord, when did we see you hungry and feed you, or thirsty and give you something to drink? When did we see you a stranger and invite you in, or needing clothes and clothe you? When did we see you sick or in prison and go to visit you?’ “The King will reply, ‘Truly I tell you, whatever you did for one of the least of these brothers and sisters of mine, you did for me.’ “Then he will say to those on his left, ‘Depart from me, you who are cursed, into the eternal fire prepared for the devil and his angels.” **Matthew 25:37-41 NIV***

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DAY 17. I WILL TRUST TO WALK IN GOD'S MERCY AND REJOICE

"But I have trusted in thy mercy; my heart shall rejoice in thy salvation."

Psalms 13:5 KJV

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Thursday

DAY 18. I WILL PRAY FOR BOLDNESS TO DO GOD'S WORK

*"The wicked flee though no one pursues, but **the righteous are as bold as a lion.**"*

Proverbs 28:1 NIV

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Friday

DAY 19. I WILL ARISE AND BUILD BROKEN WALLS IN MY LIFE; MY FAMILY, MY CHURCH, CARRIER, RELATIONSHIPS, BUSINESS etc

*“Then I said to them, “You see the trouble we are in: Jerusalem lies in ruins, and its gates have been burned with fire. Come, **let us rebuild the wall of Jerusalem, and we will no longer be in disgrace.**” I also told them about the gracious hand of my God on me and what the king had said to me. They replied, **“Let us start rebuilding.” So they began this good work.**”*

Nehemiah 2:17-18 NIV

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Saturday

DAY 20. I WILL TRUST GOD TO FAVOUR ME WHEREVER I GO

“Surely, Lord, you bless the righteous; you surround them with your favour as with a shield.”

Psalm 5:12 NIV

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Sunday

DAY 21. I WILL TRUST GOD TO LIVE TOGETHER IN UNITY WITH MY BROTHERS AND SISTERS IN CHRIST - IN ORDER TO BE BLESSED OF GOD

*“How **good and pleasant** it is when God’s people **live together in unity!** It is as if the dew of Hermon were falling on Mount Zion. **For there the Lord bestows his blessing, even life forevermore.**”*

Psalm 133:1, 3 NIV

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The Bible has several examples of the Israelites coming together as a group to fast and pray.

For examples:

In 1 Samuel 7:6, the Israelites fasted as a sign of their repentance for sins against the Lord.

In 2 Chronicles 20:3-4 and Jeremiah 36:9-10, both King Jehoshaphat and King Jehoiakim called the nation to fast

In Jonah 3:5-8,9 the king of Nineveh called the nation to fast for God to spare His anger against them

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- *Matthew 6:16-18 NIV*
“When you fast, do not look somber as the hypocrites do, for they disfigure their faces to show others they are fasting. Truly I tell you, they have received their reward in full. But when you fast, put oil on your head and wash your face, so that it will not be obvious to others that you are fasting, but only to your Father, who is unseen; and your Father, who sees what is done in secret, will reward you.”

May the LORD bless these 3 weeks of prayer and fasting for direction and blessings upon our Families and Church.